

EVOLUTION MARTIAL ARTS CENTER, LLC

CLASS SCHEDULE

672 BAILEY ROAD, PITTSBURG, CA 94565

(925) 914-9791 / EvolutionMAC@att.net / www.evolutionmac.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Youth
MORNING						9:30am - 10:30am
						Adult
						10:30am - 11:30am
3:00 PM - 4:00 PM	Orientation Class /	Orientation Class /	Orientation Class /	Orientation Class /		
	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons	
	(by appointment)	(by appointment)	(by appointment)	(by appointment)	(by appointment)	
4:00 PM - 4:30 PM		Little Eagles		Little Eagles		
	Youth	Group B	Youth	Group B	Youth Intermediate	
4:30 PM - 5:00 PM	Beginners		Beginners		to Advanced	
		Youth		Youth		
5:00 PM - 5:30 PM	Little Eagles	Advanced	Little Eagles	Advanced		
	Group A		Group A		Youth	
5:30 PM - 6:00 PM					Beginners	
	Youth	Olympic	Youth	Poomsae		
6:00 PM - 6:30 PM	Intermediate	Sparring Class	Intermediate	(Forms)	Open Workout	
					Open Workout	
6:30 PM - 7:00 PM						
	*(6:45 pm)	Youth	*(6:45 pm)	Youth	Adults / Teens	
7:00 PM - 7:30 PM	Adults /	Beginners	Adults /	Beginners	ALL BELTS	
	Teens		Teens			
7:30 PM - 8:00 PM	ALL BELTS		ALL BELTS			
		Red to Black Belts		Red to Black Belts		
8:00 PM - 8:30 PM		ALL AGES		ALL AGES		

Little Eagles = Ages 4 - 6 years / Youth = Ages 7 - 12 years / Adults = Ages 13 & Up

Students should arrive at least 5 minutes before class and children should be picked up within 10 minutes after class ends Students who are late more than 10 minutes will not be permitted to join class